

Project: Community Development Worker – Swinnow.

Quarterly Progress Report: February – April 2011

This report summarises progress in provision of community support and capacity building to the Swinnow estate since January 31st 2011.

Progress is reported under the following subheadings: i) progress over the past 3 months; ii) summary of primary objectives; iii) project outputs, iv) issues; v) targets for the next 3 months, vi) budget; and vii) appendices.

1. Progress over the past 3 Months

- Health Development Worker now a key-holder for the community centre.
- Meeting with two local councillors to introduce self and role.
- Two play sessions were delivered during February half term in collaboration with BARCA. A total of 50 children attended across the two sessions.
- A Family Fun Day was held in March, attended by approximately 90 local residents. Cookery demonstrations, mid-life checks, and advice and information from Healthy Living Network Leeds, Bramley Elderley Action, Groundwork, Youth Service, Swinnow Children's Centre, and West Yorkshire Police were provided.
- Bramley Elderley Action open day was held on 29th March at Community Centre supported by Health Development Worker and CHE's. The event was well attended and enabled consultation on future 'Pick 'n' Mix' course aimed at older adults.
- A six week 'Pick 'n' Mix' course named 'Shimmy, Shake & Feel Great' is two thirds complete (due to finish 11/05). The course was advertised to parents of pre- and primary school age children with a crèche provided by Swinnow Children's Centre. Each session comprised one hour physical activity (taster sessions of Circuits, Zumba, Pilates, Yoga, Aerobics & Street Dance) and one hour weight management and nutrition advice.
- Development of Social Networks. Swinnow Community Centre now promotes activities and events on facebook and twitter.

2. Summary of Primary Objectives

2.1. To improve links between the local school/s and the community centre and surrounding area by running activities and developing groups, especially those supporting intergenerational work.

- Pick n Mix course delivered in collaboration with Swinnow Primary School and Children's Centre. Consultation with parents resulted in a six week exercise and weight management course being delivered at Swinnow Community Centre. A crèche was provided at the Children's Centre for those without childcare.

2.2. To encourage and build a bank of volunteers to run activities within the centre.

- There is currently no management committee of the Community Centre, which is managed through the Lettings Department of Leeds City Council. There has been little interest expressed from local residents wishing to be involved with the management of the community centre however this opportunity continues to be promoted.
- Upon completion of the playground area on Swinnow Moor it is hoped that a volunteer project will enable local residents to be involved in planting trees and flowers around the area. Outreach Manager from Parks & Countryside Service responded positively to this suggestion.

2.3. To ensure effective use of the new playground area on Swinnow Moor.

- Phase one of the Swinnow Moor playground area is almost complete and funding has been secured for phase two, which includes the fencing around the play area.
- Completion scheduled for end of May 2011.
- It is hoped that a volunteer project for local residents to plant trees and flowers around the area will promote greater ownership of the area, minimising risk of damage or vandalism.

3. Project Outputs

Summarise progress milestones/deliverables achieved during the last 3 months.

- Contact made with 90 local residents at family fun day.
- 50 children attended half term play sessions.

- Approximately 40 attended Bramley EA day.
- 13 attendees at 6 week 'pick 'n' mix' exercise and nutrition course.
- 45 reached to date through social networking.
- Funding to Greggs to carry out an additional project with older adults was successful – granted £500.

4. Issues

- Previous barriers regarding access to the community centre partly resolved due to Health Development Worker being granted key-holder responsibility. However access to the local community and agencies requiring sporadic access remain problematic as there is no caretaker. Informed on 29/03/11 that Leeds City Council currently does not have an allocated budget to fund a caretaker.
- Previous problem with central heating at the community centre has been fixed.
- Insecurity of funding for partner agencies makes planning difficult. Use of Community Health Educators to deliver sessions partly overcomes this on an operational level, and the use of volunteers as key players within community activity is crucial in establishing sustainable improvements in the longer term.

5. Targets for the Next 3 Months

- Complete second six week Pick n Mix course.
- Develop links with Youth Service regarding current lack of provision for boys in Swinnow and explore a pick 'n' mix course of activities to generate interest.
- Community event on Swinnow Moor to open playground area. Organised in partnership with Youth Service.
- Continue to explore option of volunteer tree planting project on Swinnow Moor.
- Men's Health Event as part of Men's Health Week in June. A comedian has been hired to deliver a comedy set focussing on men's health. This will take place at Stanningley Rugby Club on Wednesday 15th June.
- Work with Extended Services to offer additional activities during school holidays.
- Continuing promotion using Community Centre notice-board, schools, local media, HLNL website and facebook page.

6. Budget

Total expenditure for Quarter 4 (Jan-March 2011):

	Budget	Actual	Variance
Staff Costs	£3158.5	£2,988.33	-£170.17
Materials & Equipment for Activities	£456.5	£86.16	-£370.34
Administration	£150	£150	0
Volunteers Expenses	£150	0	-£150
Management Costs	£570	£570.03	+£0.03
Miscellaneous (e.g. travel)	£52	£68.20	+£16.2
TOTAL	£4537	£3,862.72	-£674.28

- Staff costs are less than budgeted as only one pick n mix course has taken place over the last two quarters. An additional one will take place in the next quarter which will require additional staffing from CHEs and instructors as necessary.
- Activities this quarter have been delivered with relatively little expenditure. There are a number of activities planned for the next quarter which this budget will be allocated towards.
- There have been no activities using volunteers therefore no volunteer expenses were incurred this quarter.
- Travel costs are slightly over budget due to travelling to meetings and activities at community centre and 'Family Fun Day' where a number of staff and CHE's were involved.

7. Appendices

- i) Financial Breakdown
- ii) Family Fun Day poster
- ii) Pick n Mix Poster
- iii) Photograph's of events